

Antsy Pants

2008

Choreographer: **Bracken Ellis Potter**, California, USA, Bracken@MoveInLine.com, www.MoveInLine.com

Description: 4 wall, 32 Count Beginner Line Dance

Music: **You Make My Pants Want to Get Up and Dance** by Dr. Hook

Intro: 32 Counts

(1-8) RIGHT HEEL BOUNCE, LEFT HEEL BOUNCE

- 1,2,3 Step Right slightly forward bouncing heel 3x
- 4 Step onto Right foot
- 5,6,7 Step Left slightly forward bouncing heel 3x
- 8 Step onto Left foot

(9-16) STEP LOCK STEP, STEP LOCK STEP, STEP KICK

- 1,2,3 Step Right forward; Lock Left behind right; Step Right forward
- 4,5,6 Step Left forward; Lock Right behind left; Step Left forward
- 7,8 Step Right forward; Kick Left forward

(17-24) BACK ROCK, 1/4 PIVOT, 1/4 PIVOT, 1/4 PIVOT

- 1,2 Rock Left back; Recover on Right
- 3,4 Step Left forward; Turn 1/4 pivot Right
- 5,6 Step Left forward; Turn 1/4 pivot Right
- 7,8 Step Left forward; Turn 1/4 pivot Right

(25-32) JAZZ BOX CROSS, SIDE BEHIND SIDE, TOUCH

- 1,2 Step Left across (in front of) right; Step Right back
- 3,4 Step Left to left side; Step Right across (in front of) left
- 5,6 Step Left to left side; Step Right behind left
- 7,8 Step Left to left side; Touch Right next to left

Start again and enjoy!